



# Breakfast

Available Monday - Saturday 8.00-11.00am

Traditional English Breakfast £7.45

*Scrambled egg, Cumberland sausage, back bacon, baked beans, large field mushroom, grilled tomato and two slices of toast, with English Breakfast tea or filter coffee*

Vegetarian Breakfast £6.45

*Scrambled egg, baked beans, large field mushroom, grilled tomato and two slices of toast, with English Breakfast tea or filter coffee*

Scrambled egg on toast £3.95

Scrambled egg with salmon, bacon or sausage £4.95

*Available on an English muffin or toast*

Bacon or sausage sandwich £3.95

Two slices of toast with preserves £1.95

Porridge with toppings £3.95

# Main Course Menu

September 2017

Available from 11.30am

Meat main dish £9.95

Vegetarian main dish £8.95

## Monday

Cinnamon and mustard marinated chicken breast served with roasted sweet potato, red pepper and seasonal vegetables

Caerphilly and kale shortcrust tart, seasonal vegetables, buttered new potatoes and mixed leaves **V**

## Tuesday

Apricot and fennel stuffed pork chop served with wholegrain mustard mash, seasonal vegetables and apple gravy

Roasted vegetable turn-over served with sautéed new potatoes, fine beans and cauliflower **V**

## Wednesday

Lamb and potato bake served with mixed onion salad, garlic bread and green salsa

Leek and summer greens filo pie served with hasselback potato and buttered carrots and broccoli **V**

## Thursday

Beef and pork meatloaf served with minted peas and carrots, roasted new potatoes and a red wine gravy

Tomato and herb tatin, served with potato croquette and cauliflower cheese **V**

## Friday

Traditional fish and chips, garden or mushy peas, tartar sauce and lemon wedge

*A supplementary cost of £1 will be added for this dish*

Aubergine and tomato bake served with sautéed potatoes, roasted vegetables and a white wine sauce **V**

## Saturday

Chicken cobbler served with sweet potato mash, garden peas and buttered carrots

Mixed vegetable and polenta pie served with sweet potato mash and rosemary cannellini beans **V GF**

## Sunday

Roast pork shoulder, crispy crackling, roast potatoes, buttered seasonal vegetables, homemade apple sauce and a red wine gravy.

Roasted vegetable Wellington, seasonal vegetables, roast potatoes and sage and onion gravy **V GF**