



Sunday 9 July 2023, 10am
The Fifth Sunday after Trinity

The Eucharist

Presider
Revd Angela Sheard

Preacher
Revd Sally Hitchiner

The Choir of St Martin-in-the-Fields

Directed by
Jennifer Sterling

Organist
Polina Sosnina

Setting
Mass of St Thomas *Thorne*

Welcome

Our welcomers are available to assist with any of the following access information.

Welcome whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit beyond the pillars on the south of the church (to the right as you enter).

Welcome if you are disabled, unwell, have experiences of dementia, physical, sensory, cognitive or mental health issues, or are neurodivergent. The order of service is online or large print copies are available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

Welcome to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have children's church groups during the service (currently alternate weeks) and a monthly group for teenagers after Sunday morning worship.

Welcome to anyone with a need of safeguarding. If you would like to reach our safeguarding team, you can email safeguarding@smitf.org

Welcome to all experiences of race, culture and language. At the Lord's Prayer all are invited to bring the gift of our first language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

Welcome if you are agnostic or are from a faith tradition different from Christianity.

Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With Courses run throughout the year online and in the building. Email being-with@smitf.org for more details.

You are welcome to share our meal with God. When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat please let a welcomer know and the ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

We are glad you are here.

The Gathering

Welcome

Please stand. Silence is kept.

The Greeting

The Lord be with you.

All **And also with you**

We acknowledge God's presence drawing each of us into one body as we gather on site and online.

Visit us Lord, by your Holy Spirit.

All **Though in many places, we are united as one body.
Though from many backgrounds, we share one hope.**

Opening Hymn

- 1 Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.**
- 2 Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee Lord;
be thou my great Father, thy child let me be;
be thou in me dwelling, and I one with thee.**
- 3 Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.**
- 4 Riches I heed not, nor earth's empty praise:
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.**
- 5 High King of heaven, thou heaven's bright sun,
O grant me its joys after vict'ry is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.**

Irish, 8th century, tr. Mary Byrne (1880-1931) versified by Eleanor Hull (1860-1935)

Please sit or kneel.

Confession

Compassion and forgiveness belong to our God, though we have rebelled. Let us then renounce our wilfulness and seek mercy by confessing our sins in penitence and faith.

All Heavenly Father, you have loved us with an everlasting love, but we have gone our own way, and rejected your will for our lives. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. We are sorry for our sins and turn away from them. For the sake of your Son who died for us, forgive us, cleanse us, and change us. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. By your Holy Spirit, enable us to live for you, and to please you in every way; through Jesus Christ our Lord. Amen.

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord.

All Amen.

Children gather at the north east door during the Gloria to go to Children's Church.

Please stand.

Gloria in Excelsis *see opposite*

Collect

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

All Amen.

Please sit.

Gloria in Excelsis

Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. Glo-ry to God in the High - est, and peace to his peo-ple on earth. Lord God, Heav'n- ly King, Al- migh-ty God and Fa - ther, we wor-ship you, we give you thanks, we_ praise you for your glo - ry. Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. Lord, Je - sus Christ, on - ly son of the Fa - ther. Lord God, Lamb of God, you take_ a-way the sin of the world; have mer- cy on us; You are sea- ted at the right hand of the Fa- ther: re- ceive our prayer. Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. For you a- lone are the Ho - ly one, You a - lone are the Lord, You a- lone are the most high, Je - sus Christ, with the Ho - ly spi - rit, in the Glo - ry of God the Fa - ther, Glo - ry to God, Glo - ry to God, Glo - ry to God in the High - est.

The Liturgy of the Word

First Reading Genesis 24: 34-38, 42-49, 58-end *read by Lois Howarth*

So he said, 'I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, "You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son."

'I came today to the spring, and said, "O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, 'Please give me a little water from your jar to drink,' and who will say to me, 'Drink, and I will draw for your camels also'—let her be the woman whom the Lord has appointed for my master's son."

'Before I had finished speaking in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, "Please let me drink." She quickly let down her jar from her shoulder, and said, "Drink, and I will also water your camels." So I drank, and she also watered the camels. Then I asked her, "Whose daughter are you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.' And they called Rebekah, and said to her, 'Will you go with this man?' She said, 'I will.' So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, 'May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.' Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she

saw Isaac, she slipped quickly from the camel, and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.' So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Hear the word of the Lord.

All **Thanks be to God.**

Second Reading Romans 7: 15-25a *read by Eddie Grove*

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

Hear the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel in the centre aisle.

Gospel Hymn

**1 Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.**

continued...

**2 Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.**

**3 To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish, but naught changeth thee.**

continued after Gospel reading

Gospel Reading Matthew 5: 20-25

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

Jesus said, 'For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

'You have heard that it was said to those of ancient times, "You shall not murder"; and "whoever murders shall be liable to judgement." But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, "You fool", you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Hymn *continued*

**4 Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.**

Walter Chalmers Smith (1824-1908)

Please sit after the opening prayer.

Sermon Revd Sally Hitchiner

Anthem He shall feed his flock/Come unto Him *Handel, arr. Sally DeFord*

Please stand.

Nicene Creed

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Please sit or kneel.

Prayers of Intercession *led by Wendy Quill*

The response to the prayers is:

Lord, in your mercy

All **Hear our prayer.**

And, at the end:

Merciful Father,

All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Please stand.

The Liturgy of the Sacrament

The Peace

God calls us out of darkness into wonderful light. Let us therefore pursue everything which makes for peace and builds one another up in love.

All The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:

- cash in the collection bags filling in a Gift Aid envelope if applicable*
- select amount and tap the card machines brought by the stewards*
- by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message).*
- by scanning the QR code to the right with your phone*



Offertory Hymn

- 1** Great is thy faithfulness, O God my Father,
there is no shadow of turning with thee;
thou changest not, thy compassions they fail not,
as thou hast been thou for ever wilt be.
*Great is thy faithfulness! Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided -
great is thy faithfulness, Lord unto me!*
- 2** Summer and winter, and spring-time and harvest,
sun, moon and stars in their courses above,
join with all nature in manifold witness
to thy great faithfulness, mercy and love.
Great is thy faithfulness...

A musical interlude may be played on the organ before the final verse is sung

- 3** Pardon for sin and a peace that endureth,
thine own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow,
blessings all mine, with ten thousand beside!
Great is thy faithfulness...

Thomas O .Chisholm (1866-1960)

Preparation of the Table

Taking of the Bread and Wine

The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:

Blessed be God, by whose grace creation is renewed, by whose love heaven is opened, by whose mercy we offer our sacrifice of praise.

All Blessed be God forever.

Eucharistic Prayer

All The Lord be with you
and also with you.

Lift up your hearts.
All **We lift them to the Lord.**

Let us give thanks to the Lord our God.
All **It is right to give thanks and praise.**

Father, Lord of heaven and earth, we gladly lift our hearts to you in thanksgiving and praise, because you have hidden your story of salvation from the wise and intelligent and revealed it to infants. You have disclosed your mercy to the outcast Hagar, to the barren Sarah, to the shunned Rahab, to the childless Hannah, and to the unmarried Mary. In Jesus you became a child for us, through whom we might discover the secrets of your glory. Again and again you revealed your sacred purpose through those your world despises, demeans, or ignores. Finally you made your purpose known through your Son, cursed by our sin as he hung on the cross. And so we rejoice with angels and archangels, and with all the company of heaven, singing the song of your unending praise.

Ho-ly, Ho-ly, Ho-ly Lord, God of po-wer and might, Hea-ven and earth are
full of your glo-ry. Ho-san-na, Ho-san-na, Ho-san-na in the high -
est. Bles - sed is he who comes in the name of the
Lord. Ho - san-na, Ho - san-na, Ho - san-na in the high - est.

Overflowing God, as you led your children to meet their destinies at the well, you become in Christ the well of life that replenishes us that we may never be thirsty again. Fill your church with your abundant grace that it may be a cup that runneth over with your mercy. Send your Holy Spirit upon this food and drink, that they may be for us the body and blood of your Son Jesus Christ. Who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, 'Take, eat: this is my body which is given for you; do this in remembrance of me.' After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Great is the mystery of faith.

All **Christ has died:
Christ is risen:
Christ will come again.**

God of the weary and heavy laden, God of the tired, the poor, the huddled masses yearning to breathe free, God of the homeless and the tempest-tossed, bring rest to all who labour today. Set your gentle yoke upon them, for you are gentle and humble in heart. Be a shining golden light in the souls of all who struggle in body, mind, or spirit, with demons within or without, with fears about the future or regrets about the past. Through this communion with you in union with Christ in the power of your Spirit, write on our hearts a new law that draws us to walk with you across the storms of suffering, the tremors of temptation and the pangs of persecution. And on the last day, bring us home to you forever.

All **Amen.**

Please sit or kneel.

The Lord's Prayer

As our Saviour taught us, so we pray, each in our first language:

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.**

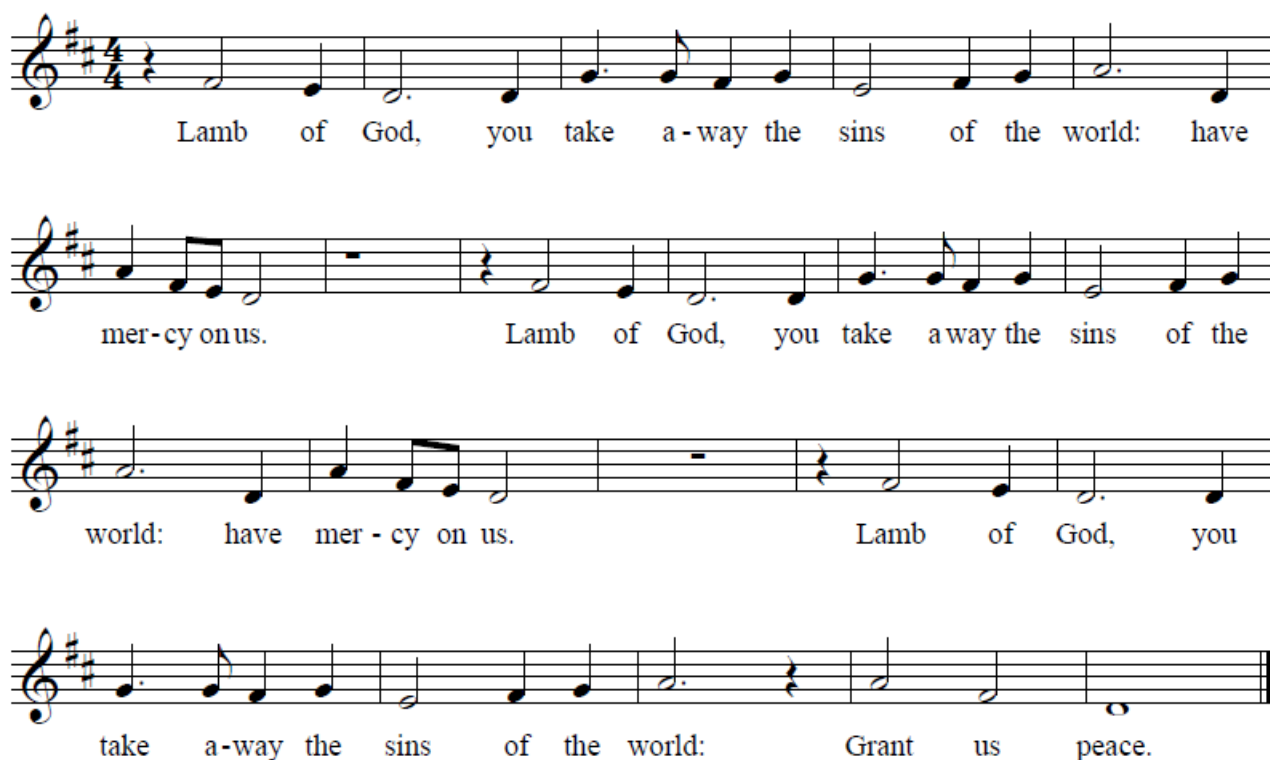
**Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

**All Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei



Lamb of God, you take a-way the sins of the world: have
mer-cy on us. Lamb of God, you take away the sins of the
world: have mer - cy on us. Lamb of God, you
take a-way the sins of the world: Grant us peace.

Giving of Communion

Enter into the life of God, where you may find the food that satisfies,
and the drink that never runs out. The body and blood of Christ.

All Amen.

*Communicant members of all Christian Churches are invited to
receive Holy Communion.*

Bread and wine are available in the central and side aisles. Gluten-free wafers and non-alcoholic wine are available in the south aisle. If you wish to receive Communion in your seat do let a steward know.

Communion Anthem Ave Maria Nathaniel Dett

Silence is kept.

Prayer after Communion

All You have opened to us the Scriptures, O Christ, and you have made yourself known in the breaking of the bread. Abide with us, we pray, that, blessed by your presence, we may walk with you all the days of our life, and at its end behold you in the glory of the eternal Trinity, one God for ever and ever. Amen.

The Dismissal

Notices

Please stand.

Blessing

God the Father, who has given the Son that we might live free from condemnation, grant you the Spirit of life in abundance, that you might continue to walk in accord with the Spirit all the days of your life; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

All Amen.

Thanksgiving Hymn

**1 Alleluia, sing to Jesus!
His the sceptre, his the throne;
alleluia, his the triumph,
his the victory alone:
hark, the songs of peaceful Sion
thunder like a mighty flood;
Jesus out of every nation
hath redeemed us by his blood.**

continued...

- 2 Alleluia, not as orphans
are we left in sorrow now;
alleluia, he is near us,
faith believes, nor questions how:
though the cloud from sight received him,
when the forty days were o'er,
shall our hearts forget his promise,
'I am with you evermore'?
- 3 Alleluia, bread of angels,
thou on earth our food, our stay;
alleluia, here the sinful
flee to thee from day to day:
Intercessor, Friend of sinners,
earth's Redeemer, plead for me,
where the songs of all the sinless
sweep across the crystal sea.
- 4 Alleluia, King eternal,
thee the Lord of lords we own;
alleluia, born of Mary,
earth thy footstool, heaven thy throne:
thou within the veil hast entered,
robed in flesh, our great High Priest;
thou on earth both Priest and Victim
in the eucharistic feast.

William Chatterton Dix (1837-1898)

Dismissal

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

Organ Voluntary

Prayers for healing are available at the altar rail after the service.

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July 2023