

# Bread for the World

## *An Informal Eucharist*

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Introit    Silent, surrendered, calm and still    *Rizza*

Welcome and Opening Prayers    Revd Angela Sheard

Creator God,

Come to us, in the difference of every life gathered

Come to us in song

Come to us in word

Come to us in stillness and silence

Come to us in our care for one another

Come to us in bread and wine

Come to us in flesh and blood

Reach out across time

Be present in all time.

*All*    **Amen.**

*All*    **Come Jesus, be our guest,  
Stay with us for day is ending.  
With friend, with stranger,  
With young and old,  
With the lost and found  
Be among us tonight  
Our guest our host  
The one who says all – all are welcome here.**

Opening Hymn

- 1    Prayer is the soul's sincere desire,  
Uttered or unexpressed,  
The motion of a hidden fire  
That trembles in the breast.**
- 2    Prayer is the simplest form of speech  
That infant lips can try;  
Prayer the sublimest strains that reach  
The majesty on high.**
- 3    Prayer is the Christian's vital breath,  
The Christian's native air,  
His watchword at the gates of death;  
We enter heaven with prayer.**

**4 Prayer is the contrite sinner's voice  
Returning from his ways,  
While angels in their songs rejoice,  
And cry: 'Behold, he prays!'**

**5 O thou by whom we come to God,  
The Life, the Truth, the Way!  
The path of prayer thyself hast trod:  
Lord, teach us how to pray!**

James Montgomery (1771-1854)

## Prayers of Forgiveness

God longs to be with us. But we often live in alienation from God, ourselves, one another and God's creation. Therefore in the light of Christ let us confess our sins.

*Silence is kept.*

Because the world is beautiful but beauty is easily destroyed, we need you.

Lord, have mercy.

*All* **Lord, have mercy.**

Because we often abandon you and turn away and walk past and are afraid and countless times betray you but you love us to the end and win a victory over all hatred, we need you.

Christ, have mercy.

*All* **Christ, have mercy.**

Because we have your message to proclaim, because we have your kingdom to build, because there are so many in need of your love, because we have your life to live.

Lord, have mercy.

*All* **Lord, have mercy.**

And Jesus said 'Your sins are forgiven'

In the name of the Father who created you and waits to welcome you home, in the name of the Son who searches for you, in the name of the Spirit who brings the healing of forgiveness and calls you to do the same, you have been set free.

*All* **Amen.**

## Words on the Edge Acts 2.42-47

They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. Awe came upon everyone, because many wonders and signs were being done by the apostles.

All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

## Rule of St Benedict Chapter 72, Translated by Luigi Gioia

Just as there is a *vicious circle* which separates from God and leads to sadness and loneliness, so there is a *virtuous circle* which separates from vices and leads to God and to joy, flourishing, fulfillment. This virtuous circle, therefore, the brothers should promote with the most fervent love and imagination. Thus they should deeply respect each other; show the greatest patience they are capable of with one another's weaknesses whether of body or of character; listen to each other; help each other; look for the good of every person even when this might cost something; love one another with chastity; fear God in love; love the abbot with a sincere and humble charity; prefer nothing whatever to Christ - and may he bring us all together to life everlasting.

## Reflection Revd Luigi Gioia - The Rule of St Benedict

Anthem Hear my prayer *Mendelssohn*

### Prayers

Prayer of Thanksgiving

Prayer of Concern

Prayer of Hope

*Each prayer ends with 'We pray to you'*

Prayer Chant O Lord hear my prayer

O Lord hear my prayer, O Lord hear my prayer,  
when I call ans - wer me. O Lord hear my prayer, O  
Lord hear my prayer, come and lis - ten to me.

## Sharing of the Peace

God of eternal peace, who offers the gift of peace and whose children are the peacemakers; pour your peace into our hearts, that conflict and anger may cease. Peace is the gift of the Risen Christ.

The peace of the Lord be always with you.

*All* **And also with you.**

Let us offer each other a sign of that peace

*As the congregation sings, all are invited to gather around the altar.*

## Gathering Hymn

- 1 We pray thee, heavenly Father,  
to hear us in thy love,  
and pour upon thy children  
the unction from above;  
that so in love abiding,  
from all defilement free,  
we may in pureness offer  
our eucharist to thee.**
- 2 Be thou our guide and helper,  
O Jesus Christ, we pray;  
so may we well approach thee,  
if thou wilt be the Way:  
thou, very Truth, hast promised  
to help us in our strife,  
food of the weary pilgrim,  
eternal source of life.**
- 3 And thou, creator Spirit,  
look on us, we are thine;  
renew in us thy graces,  
upon our darkness shine;  
that, with thy benediction  
upon our souls outpoured,  
we may receive in gladness  
the body of the Lord.**

*Continued...*

**4 O Trinity of Persons,  
O Unity most high,  
on thee alone relying  
thy servants would draw nigh;  
unworthy in our weakness,  
on thee our hope is stayed,  
and blessed by thy forgiveness  
we will not be afraid.**

Vincent Stuckey Stratton Coles (1845-1929)

### The Eucharistic Prayer

The Lord be with you  
*All* **and also with you.**

Together we pray

*All* **Bless the earth, heal the sick, let the oppressed go free, and fill each one of us with your love from on high. Gather your people from the ends of the earth to feast at your table with all your saints.**

### The Lord's Prayer

Let us pray each in our own preferred language the prayer our Saviour taught us:

*All* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever.  
Amen.**

### The Breaking of the Bread

Look, Jesus Christ, the Bread of Heaven, is broken for the life of the world. The gifts of God for the people of God.

*All* **Jesus Bread of Life, Bread which is broken, Bread for the world.**

Communion Anthem The Lord's Prayer *Chilcott*

Prayer after Communion

*All* **Lord Jesus Christ, You are the Word for us to speak, You are the Truth for us to tell; You are the Light for us to light in the darkness, You are the Bread of Life for us to share.**

Notices

Thanksgiving Hymn

- 1 Immortal Love, forever full,  
Forever flowing free,  
Forever shared, forever whole,  
A never–ebbing sea.**
- 2 Our outward lips confess the name  
All other names above;  
Love only knoweth whence it came,  
And comprehendeth love.**
- 3 We may not climb the heavenly steeps  
To bring the Lord Christ down:  
In vain we search the lowest deeps,  
For Him no depths can drown.**
- 4 Through Him the first fond prayers are said  
Our lips of childhood frame,  
The last low whispers of our dead  
Are burdened with His name.**
- 5 Alone, O Love ineffable!  
Thy saving name is given;  
To turn aside from Thee is hell,  
To walk with Thee is heaven!**

John Greenleaf Whittier (1807–1892)

Blessing

Go simply, lightly, gently  
Go with obedience  
Go with love  
And the blessing of Almighty God,  
Father, Son and Holy Spirit be with you now and forever.

*All* **Amen.**

Blessing Anthem A Gaelic Blessing *Rutter*



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**Preacher:** Revd Luigi Gioia  
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**Pianist:** Polina Sosnina

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