



Sunday 23 June 2024, 10am
The Fourth Sunday after Trinity

The Eucharist



Presider
Revd Dr Sam Wells

Preacher
Revd Richard Carter

The Choir of St Martin-in-the-Fields

Directed by
Jennifer Sterling

Organist
Phoebe Tak Man Chow

Mass Setting
Mass of St Thomas *Thorne*

⊕ Common Worship

Welcome

Our welcomers are available to assist with any of the following access information. Toilet access is available, please ask a welcomer.

Welcome whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit beyond the pillars on the south of the church (to the right as you enter).

Welcome if you are disabled, unwell, have experiences of dementia, physical, sensory, cognitive or mental health issues, or are neurodivergent. The order of service is online or large print copies are available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

Welcome to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have a children's church group during the service and a fortnightly youth group for teenagers on Sundays at 3.30pm

Welcome to anyone with a need of safeguarding. If you would like to reach our safeguarding team, you can email safeguarding@smitf.org

Welcome to all experiences of race, culture and language. At the Lord's Prayer all are invited to bring the gift of our first language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

Welcome if you are agnostic or are from a faith tradition different from Christianity.

Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With Courses run throughout the year online and in the building. Email being-with@smitf.org for more details.

You are welcome to share our meal with God. When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat please let a welcomer know and the ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

We are glad you are here.

The Gathering

Welcome

Silence is kept.

The Greeting

The Lord be with you.

All And also with you.

We acknowledge God's presence drawing each of us into one body as we gather on site and online.

Visit us Lord, by your Holy Spirit.

**All Though in many places, we are united as one body.
Though from many backgrounds, we share one hope.**

Opening Hymn

**1 Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.**

**2 Saviour, breathe forgiveness o'er us;
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.**

**3 Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.**

James Edmeston (1791-1867)

Please sit or kneel.

Confession

We come to God knowing the generous act of our Lord Jesus Christ - that though he was rich, yet for our sakes he became poor, so that by his poverty we might become rich. Therefore we ask for his forgiveness and peace.

Silence.

You seek our wellbeing, yet our lack of faith prevents us receiving from your abundance.

Lord have mercy.

All **Lord have mercy.**

You have given us from your abundance, yet we have not given from our abundance to those in need.

Christ have mercy.

All **Christ have mercy.**

You seek a fair balance of the world's resources, yet we keep too much ourselves.

Lord have mercy.

All **Lord have mercy.**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Children gather at the north east door during the Gloria to go to Children's Church.

Please stand.

Gloria in Excelsis

Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. Glo-ry to God in the High - est, and peace to his peo-ple on earth. Lord God, Heav'n- ly King, Al- migh-ty God and Fa - ther, we wor-ship you, we give you thanks, we_ praise you for your glo - ry. Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. Lord, Je - sus Christ, on - ly son of the Fa - ther. Lord God, Lamb of God, you take_ a-way the sin of the world; have mer- cy on us; You are sea- ted at the right hand of the Fa- ther: re-ceive our prayer. Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. For you a- lone are the Ho - ly one, You a - lone are the Lord, You a- lone are the most high, Je - sus Christ, with the Ho - ly spi - rit, in the Glo - ry of God the Fa - ther, Glo - ry to God, Glo - ry to God, Glo - ry to God in the High - est.

Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit.

The Liturgy of the Word

First Reading 1 Samuel 17: 32-49 *read by Kristine Wellington*

David said to Saul, 'Let no one's heart fail because of him; your servant will go and fight with this Philistine.' Saul said to David, 'You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.' But David said to Saul, 'Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.' David said, 'The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.' So Saul said to David, 'Go, and may the Lord be with you!'

Saul clothed David with his armour; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armour, and he tried in vain to walk, for he was not used to them. Then David said to Saul, 'I cannot walk with these; for I am not used to them.' So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in

appearance. The Philistine said to David, 'Am I a dog, that you come to me with sticks?' And the Philistine cursed David by his gods. The Philistine said to David, 'Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.' But David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.'

When the Philistine drew nearer to meet David, David ran quickly towards the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

Hear the word of the Lord.

All **Thanks be to God.**

Second Reading 2 Corinthians 6: 1-13 *read by Eloise Warner*

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.'

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to

you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

Hear the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel in the centre aisle.

Gospel Hymn

**1 Be still and know that I am God,
be still and know that I am God,
be still and know that I am God.**

**2 I am the Lord that healeth thee,
I am the Lord that healeth thee,
I am the Lord that healeth thee.**

continued after Gospel reading

Gospel Reading Mark 4: 35-end

Hear the Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, O Lord.**

On that day, when evening had come, Jesus said to them, ‘Let us go across to the other side.’ And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, ‘Teacher, do you not care that we are perishing?’ He woke up and rebuked the wind, and said to the sea, ‘Peace! Be still!’ Then the wind ceased, and there was a dead calm. He said to them, ‘Why are you afraid? Have you still no faith?’ And they were filled with great awe and said to one another, ‘Who then is this, that even the wind and the sea obey him?’

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Hymn *continued*

**3 In thee, O Lord, I put my trust,
In thee, O Lord, I put my trust,
In thee, O Lord, I put my trust.**

Anon., based on Psalm 46

Please sit after the opening prayer.

Sermon Revd Richard Carter

Anthem They that go down to the sea in ships *Sumsion*

They that go down to the sea in ships: and occupy their business in great waters; these men see the works of the Lord: and his wonders in the deep. For at his word the stormy wind ariseth: which lifteth up the waves thereof. They are carried up to the heav'n, and down again to the deep: their soul melteth away because of the trouble. They reel to and fro and stagger like a drunken man: and are at their wits' end. So when they cry unto the Lord in their trouble: he deliv'reth them out of their distress. For he maketh the storm to cease: so that the waves thereof are still. Then are they glad because they are at rest: and so he bringeth them unto the haven where they would be.

Psalm 107: 23-30

Please stand.

The Apostles' Creed

All **We believe in God, the Father almighty,
creator of heaven and earth.
We believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

Please sit or kneel.

The Prayers of Intercession *led by Susannah Woodd*

The response to the prayers is:

God of love,

All **hear our prayer.**

And, at the end:

Merciful Father,

All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Please stand.

The Liturgy of the Sacrament

The Peace

The peace of the Lord be always with you

All **and also with you.**

Let us offer one another a sign of peace.

All may exchange a sign of peace.

A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:

- cash in the collection bags filling in a Gift Aid envelope if applicable*
- select amount and tap the card machines brought by the stewards*
- by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message).*
- by scanning the QR code to the right with your phone*



Offertory Hymn

**1 Dear Lord and Father of mankind,
forgive our foolish ways;
re-clothe us in our rightful mind;
in purer lives thy service find,
*in deeper reverence, praise.***

continued...

- 2** In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.
- 3** O sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love.
- 4** Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

A musical interlude may be played on the organ before the final verse is sung

- 5** Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind and fire,
O still small voice of calm.

John Greenleaf Whittier (1807–1892)

Preparation of the Table Taking of the Bread and Wine

The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:

Yours, Lord, is the greatness, the power, the glory, the splendour,
and the majesty; for everything in heaven and on earth is yours.

All All things come from you, and of your own do we give you.

Eucharistic Prayer

The Lord be with you
All and also with you.

Lift up your hearts.
All We lift them to the Lord.

Let us give thanks to the Lord our God.
All It is right to give thanks and praise.

It is our joy to praise and thank you, Lord God, because you called your chosen people to be a wily David in the face of the Goliath of the nations. You equipped them with smooth stones of wisdom and faithfulness. Even when your children forgot your will and sought to become Goliath you recalled them to their true identity and raised up among them a Son of David to face the Goliath of sin and death with your word of truth alone. And still today you call your church away from the threats and temptations of being Goliath to the risk and wonder of being remade to be like David, in the image of Jesus. And so with angels and archangels and all the company of heaven we join the unending song of your glory.

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might, Hea - ven and earth are
full of your glo - ry. Ho - san - na, Ho - san - na, Ho - san - na in the high -
est. Bles - sed is he who comes in the name of the
Lord. Ho - san - na, Ho - san - na, Ho - san - na in the high - est.

Faithful God, in Christ you speak to us amidst the storm of our fear and dwell with us when our faith is weak. You are with us even when we lament our peril and doubt our destiny. Come upon your church today in the power of your Spirit that your people may be reborn as children of hope and courage and endurance. Send that same Spirit upon this bread and this cup, that we may find in them the joy of your presence and they may be for us the body and blood of your Son Jesus Christ. Who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, 'Take, eat: this is my body which is given for you; do this in remembrance of me.' After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Great is the mystery of faith.

All **Christ has died:
Christ is risen:
Christ will come again.**

Sustaining God, inspire all whom you call to serve you that now is the day of salvation. Infuse your church with purity, knowledge, patience, kindness, holiness of spirit, and genuine love. When your disciples face afflictions, hardships, calamities, imprisonments, and hunger, make them possessors of all things in you, until that day when dishonour and distrust and death are no more and your Spirit fills your creation with the glory of your risen Son, eternal Father, forever and ever.

All **Amen.**

Please sit or kneel.

Lord's Prayer

As our Saviour taught us, so we pray, each in our own preferred language.

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins**

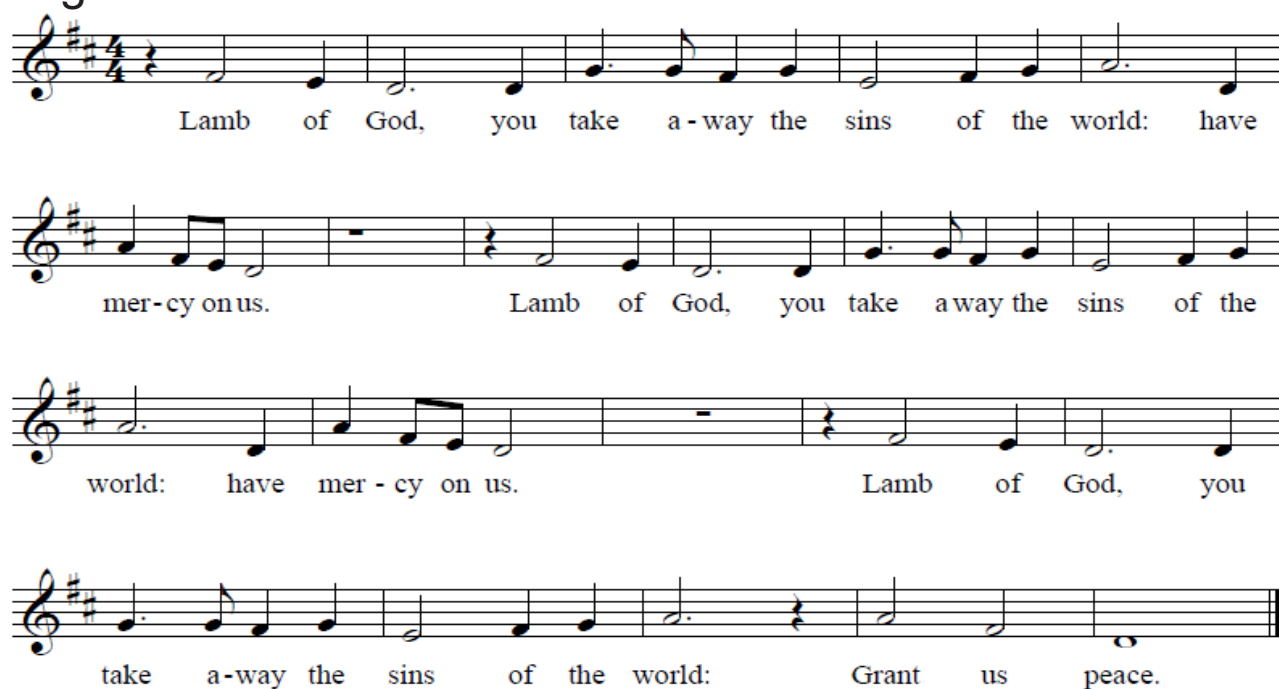
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

All **Though we are many, we are one body, because we all share in one bread.**

Agnus Dei



Lamb of God, you take a-way the sins of the world: have
mer-cy on us. Lamb of God, you take a way the sins of the
world: have mer - cy on us. Lamb of God, you
take a-way the sins of the world: Grant us peace.

Giving of Communion

God's heart is open to us in Christ: let us receive God's love with joy and gladness.

Communicant members of all Christian Churches are invited to receive Holy Communion. Bread and wine are available in the central aisle and both side aisles. When receiving the cup you are welcome to take the chalice, to have the assistant pour the chalice, or to intinct by dipping the bread into the chalice, being careful not to let your fingers touch the wine. Gluten-free bread and non-alcoholic wine are available in the south aisle. If you wish to receive communion in your seat, do let a steward know.

Communion Anthem We shall walk through the valley in peace *Hogan*

We shall walk in peace. We shall walk through the valley in peace. For Jesus himself will be our leader. We shall walk... We will meet our loved ones there. For Jesus himself will be our leader. We shall walk... There will be no trials there. For Jesus himself will be our leader. We shall walk...

Spiritual

Silence is kept.

Prayer after Communion

All **Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord. Amen.**

The Dismissal

Notices

Please stand.

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**

Thanksgiving Hymn

**1 The church's one foundation
is Jesus Christ her Lord:
she is his new creation
by water and the word;
from heaven he came and sought her
to be his holy bride;
with his own blood he bought her,
and for her life he died.**

continued...

- 2 Elect from every nation,
yet one o'er all the earth,
her charter of salvation
one Lord, one faith, one birth;
one holy name she blesses,
partakes one holy food,
and to one hope she presses,
with every grace endued.
- 3 'Mid toil and tribulation,
and tumult of her war,
she waits the consummation
of peace for evermore,
till, with the vision glorious,
her longing eyes are blest,
and the great church victorious
shall be the church at rest.
- 4 Yet she on earth hath union
with God the Three in One,
and mystic sweet communion
with those whose rest is won:
O happy ones and holy!
Lord, give us grace that we,
like them, the meek and lowly,
on high may dwell with thee.

Samuel John Stone (1839-1900)

Dismissal

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

Blessing Anthem Peace I leave with you *Beach*

Peace I leave with you, my peace I give unto you. Not as the world giveth give I unto you. Let not your heart be troubled.

Unknown

Organ Voluntary

Prayers for healing are available at the altar rail after the service.

Some material in this service is copyright:

© The Archbishops' Council 2000

Eucharistic Prayer from *Joining the Angels' Song* © Samuel Wells and Abigail Kocher, Canterbury 2016

Hymns reproduced using CCL 284612 and Calamus 1744, Music using MRL811779;

St Martin-in-the-Fields, Trafalgar Square, London WC2N 4JJ 020 7766 1100 www.smitf.org June 2024