



Sunday 9 March 2025, 10am
The First Sunday of Lent

The Eucharist

Presider and Preacher
Revd Catherine Duce

The Choir of St Martin-in-the-Fields

Directed by
Jennifer Sterling

Organist
Hugh Rowlands

Setting
St Anne's Mass *James MacMillan*

⊕ Common Worship

Welcome

Our welcomers are available to assist with any of the following information. Toilets are available: please ask a welcomer.

Welcome whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit outside the pillars on the south of the church (to the right as you enter).

Welcome if you are disabled, unwell, have experiences of dementia, physical, sensory or mental health issues, or are neurodivergent. The order of service is online. Large print copies are also available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

Welcome to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have a children's church group during the service. A youth group for teenagers meets monthly on Sunday afternoons.

Welcome to anyone in need of safeguarding. If you would like to reach our safeguarding team, you can email safeguarding@smitf.org.

Welcome to all heritages and experiences of race, culture and language. At the Lord's Prayer, all are invited to bring the gift of our preferred language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

Welcome if you are of no professed faith or are from a faith tradition other than Christianity. Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With courses run throughout the year online and in the building. Email beingwith@smitf.org for more details.

You are welcome to share our meal with God. When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat, please let a welcomer know and ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

We are glad you are here.

The Gathering

Introit Lent Prose

Hear us, O Lord, have mercy upon us: for we have sinned against thee. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications. Refrain O thou chief Corner-stone, Right Hand of the Father Way of Salvation, Gate of Life Celestial cleanse thou our sinful souls from all defilement. *Refrain* God, we implore thee, in thy glory seated bow down and hearken to thy weeping children pity and pardon all our grievous trespasses. *Refrain* Sins oft committed now we lay before thee with true contrition, now no more we veil them grant us, Redeemer, loving absolution. *Refrain* Innocent, captive, taken unresisting falsely accused, and for us sinners sentenced, save us, we pray thee, Jesu our Redeemer. *Refrain*

'Attende, Domine', anonymous Latin from the Mozarabic Breviary (5th to 8th century), compiled by Dom Pothier (fl. 1824)

Welcome

Please stand. Silence is kept.

The Greeting

The Lord be with you.

All **And also with you.**

We acknowledge God's presence drawing each of us into one body as we gather on site and online.

Visit us Lord, by your Holy Spirit.

All **Though in many places, we are united as one body.
Though from many backgrounds, we share one hope.**

Opening Hymn

- 1** **Forty days and forty nights
thou wast fasting in the wild,
forty days and forty nights
tempted, and yet undefiled.**
- 2** **Sunbeams scorching all the day,
chilly dew-drops nightly shed,
prowling beasts about thy way,
stones thy pillow, earth thy bed.**

continued...

- 3 **Shall not we thy sorrows share,
and from earthly joys abstain,
fasting with unceasing prayer,
glad with thee to suffer pain?**
- 4 **And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint or fall.**
- 5 **Keep, O keep us, Saviour dear,
ever constant by thy side,
that with thee we may appear
at th'eternal Eastertide.**

George Hunt Smyttan (1822-1870) and Francis Pott (1832-1909)

Please sit or kneel.

Confession

Let us confess our sins, so that we may know God fully, as we are fully known.

Silence is kept.

You enter the desert to face the hardest truth; we live in self-deception.
Lord, have mercy.

All **Lord, have mercy.**

You offer the bread that gives true life; we consume what leaves us craving more.

Christ, have mercy.

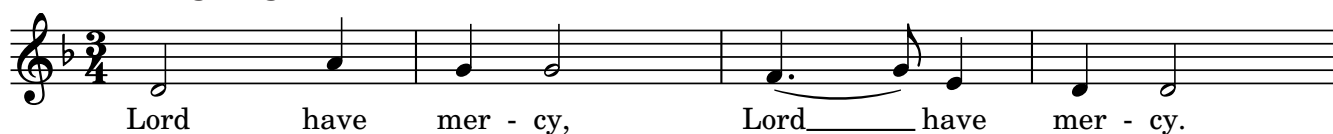
All **Christ, have mercy.**

You refuse to worship empty power; we let greed rule our world.
Lord, have mercy.

All **Lord, have mercy.**

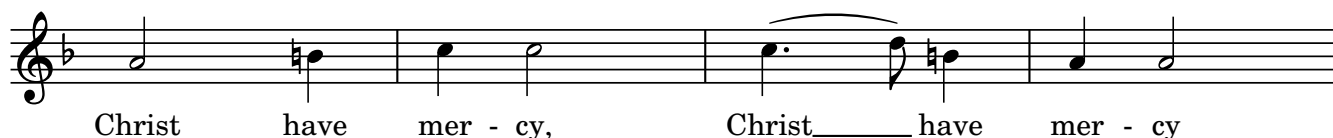
Children gather at the north east door during the sung Kyrie to go to Children's Church.

We sing together:



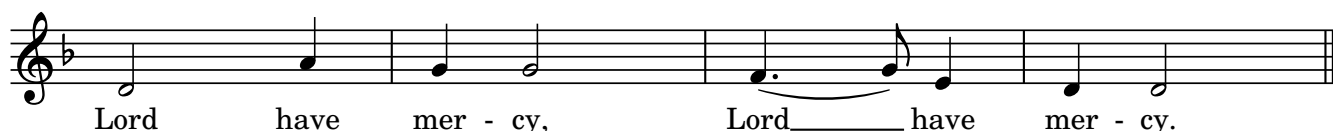
Lord have mer - cy, Lord have mer - cy.

5



Christ have mer - cy, Christ have mer - cy

9



Lord have mer - cy, Lord have mer - cy.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit.

The Liturgy of the Word

First Reading Deuteronomy 26: 1-11 *read by Genevieve Marjoribanks*

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who

is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Hear the word of the Lord

All **Thanks be to God.**

Second Reading Romans 10: 8b-13 *read by Dan Kaszeta*

'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

Hear the word of the Lord

All **Thanks be to God.**

Please stand and turn to face the Gospel in the centre aisle.

Gospel Hymn

- 1 Seek ye first the kingdom of God,
and his righteousness,
and all these things shall be added unto you.**

Allelu-, alleluia:

**Alleluia, alleluia, alleluia,
allelu-, alleluia.**

- 2 Ask, and it shall be given unto you,
seek and ye shall find;
knock, and the door shall be opened unto you;**

Allelu-, alleluia:

Refrain

continued after Gospel reading

Gospel Reading Luke 4: 1-13

Hear the Gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."' Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."' Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.

All Praise to you, O Christ.

Hymn *continued*

- 3 We shall not live by bread alone,
but by every word
that proceeds from the mouth of the Lord
Allelu-, alleluia:
*Alleluia, alleluia, alleluia,
allelu-, alleluia.***

Karen Lafferty (b. 1948)

Please sit after the opening prayer.

Sermon Revd Catherine Duce

Anthem Go down, Moses *Tippett*

Go down, Moses, way down in Egypt land; tell old Pharaoh, to let my people go. When Israel was in Egypt's land, let my people go. Oppressed so hard they could not stand, let my people go. 'Thus spake the Lord,' bold Moses said, let my people go. 'If not, I'll smite your first-born dead,' let my people go. Go down, Moses, way down in Egypt land; tell old Pharaoh, to let my people go.

From 'A Child of our Time'

Please stand.

Apostles' Creed

- All* **I believe in God
the Father almighty,
maker of heaven and earth:
And in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead and buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God the Father almighty;
from thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost;
the holy catholic Church;
the communion of saints;**

**the forgiveness of sins;
the resurrection of the body,
and the life everlasting. Amen.**

Please sit or kneel.

Prayers of Intercession *led by Jess Templeman*

The response to the prayers is:

God of love,
All **hear our prayer.**

And, at the end:

Merciful Father,
All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Please stand.

The Liturgy of the Sacrament

The Peace

The peace of the Lord be always with you
All **and also with you.**

Let us offer one another a sign of peace.

All may exchange a sign of peace.

A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:

- cash in the collection bags filling in a Gift Aid envelope if applicable*
- select amount and tap the card machines brought by the stewards*
- by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message).*
- by scanning the QR code to the right with your phone*



Offertory Hymn

- 1 Hear me, O Lord, in my distress,
give ear to my despairing plea!
In faithfulness, in righteousness,
O hear my prayer and answer me.**
- 2 I claim no favour as of right;
you are the God I serve and trust,
yet judge me not: for in your sight
no living soul is counted just.**
- 3 My fierce oppressor hunts me down:
I shrink in darkness, like the dead;
my spirit fails—all hope is gone,
my heart is overwhelmed with dread.**
- 4 Days long since vanished I review,
I see the wonders of your hands,
and I stretch out my hands to you,
for you I thirst like desert sands.**
- 5 Lord, answer me without delay!
I perish if you hide your face;
in you I trust: let this new day
bring word of your unfailing grace.**
- 6 From my pursuers save me still:
in you my refuge I have found;
teach me, O God, to do your will,
and lead my feet on level ground.**

A musical interlude may be played on the organ before the final verse is sung

- 7 For your name's sake, Lord, hear my plea:
your servant's stricken life preserve!
From all oppression set me free
to live and love the God I serve.**

David G. Preston (1939-2020) based on Psalm 143 (A Song of Entreaty)

Preparation of the Table Taking of the Bread and Wine

The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:

All Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours. All things come from you, and of your own do we give you.

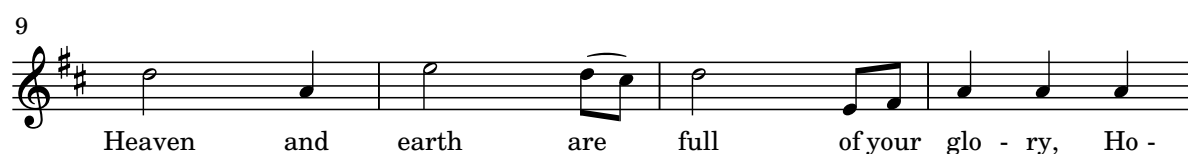
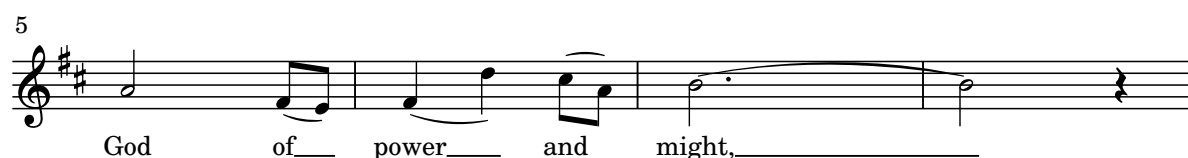
Eucharistic Prayer

**All The Lord be with you
and also with you.**

Lift up your hearts.
All We lift them to the Lord.

Let us give thanks to the Lord our God
All It is right to give thanks and praise.

Praise and thanksgiving belong to you, God of every blessing, for you shaped all creation to grow into your abundant and eternal harvest. You called a holy people to share life with you, and when they were captive in Egypt, with a mighty hand and an outstretched arm you brought them out of oppression, through the temptations of the wilderness, into a land flowing with milk and honey. In time, your Son came among us, facing wilderness and temptation and hunger to bring us out of bondage to sin and to taste and see that you, the Lord, are good. And so we thank you with angels and archangels and all the company of heaven as we join the unending hymn.



17

Bles - sed is he, O bles - sed is he who

21

comes in the name of the Lord Ho -

25

- san - na in the high - est Ho -

29

san - na in the high - est.

God of mercy, you gave your people manna day by day during their time of testing; and because no one can live by bread alone, you gave Jesus to be our bread from heaven. Send your Holy Spirit upon your church to live as a sign of the way you transform this manna into mercy for all. With your Spirit, bless this bread and this cup that they may be for us the body and blood of our Lord Jesus Christ. Who, at supper with his disciples, took bread, blessed and broke it and gave it to them saying, 'This is my body which is given for you. Do this in remembrance of me.' After supper he took the cup, again he gave thanks, and gave it to his disciples saying, 'This is the blood of the new covenant poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Great is the mystery of faith.

All **Christ has died.**

Christ is risen.

Christ will come again.

Faithful God, whose Son did not escape suffering and death but accepted and finally overcame them, bring your disciples by the way of his cross to the joy of Easter. Strengthen your church to resist evil of every kind and turn from sin. With your mighty hand and outstretched arm, uphold those enduring trials and any who know their very life is at stake. Be with your children who are heavy-laden, and all who labour beneath the misuse of power by another. Amid temptations to be successful, shape your children first to be faithful to your kingdom, until the day when in your resurrected glory there is one life, one sharing, one holy communion among all saints with you to whom all glory belongs forever, Father, Son, and Holy Spirit.

All **Amen.**

Please sit or kneel.

Lord's Prayer

As our Saviour taught us, so we pray, each in our own preferred language.

All **Our Father in heaven,**
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power and the glory are yours
now and for ever.
Amen.

Breaking of the Bread

Torn between anger at our sin and never-ending love for all creation we see the broken heart of God.

Agnus Dei

Lamb of God, you take a - way the sin_ of the_ world,_____ have
5
mer - cy__ on us. Lamb of God you take a - way the
9
sin__ of the__ world,_____ have mer - cy__ on us.
13
Lamb of God you take a - way the sin__ of the world,
17
grant_____ us peace

Giving of Communion

Come, share the living bread, and let God turn you from dust and ashes to living stones.

Communicant members of all Christian Churches are invited to receive Holy Communion. Bread and wine are available in the central aisle and both side aisles. Gluten-free bread and non-alcoholic wine are available in the south aisle upon request from the assistant. If you wish to receive communion in your seat, do let a steward know.

Communion Anthem Hear my prayer, O Lord *Purcell*

Hear my prayer, O Lord, and let my crying come unto thee.

Psalm 102: 1

Silence is kept.

Prayer after Communion

All **Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen.**

The Dismissal

Notices

Please stand.

Blessing

Take our lives, and let them be consecrated Lord to thee, take our moments and our days: let them flow in ceaseless praise. And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**

Thanksgiving Hymn

- 1 O Jesus, I have promised
to serve thee to the end;
be thou for ever near me,
my Master and my Friend:
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.
- 2 O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.
- 3 O let me see thy foot-marks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone:
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.

John Ernest Bode (1816-1874)

Dismissal

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

Organ Voluntary

Prayers for healing are available at the altar rail after the service.

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Eucharistic Prayer from *Joining the Angels' Song* © Samuel Wells and Abigail Kocher, Canterbury 2016

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